

updated Oct. 2023

Counseling/Therapy	Phone #	Address	Fees/insurance	Relevant Information	Telehealth
Catholic Charities	361-884-0651	615 Oliver Court	\$20 intake then sliding scale	Counseling for families, individuals and youth/Prescription help by appointment ext. 236	
Veterans Center	361-854-9961	4646 Corona Dr.	Free to veterans	Counseling for veterans and their families	yes
Acorn Christian Counseling	361-563-8720	9708 S.P.I.D. A-202		3yrs and up counseling, classes for divorce, custody, parenting and anger management; psychological testing	yes
Trinity Counseling	361-991-2214	6262 Weber Rd, Ste 210		6yrs and up	
AS&J Counseling	361-888-8834	e Pkwy, Ste 120; Corpus Christi and Portland		4yrs and up. Anger Management for adults	
Center for Christian Counseling	361-994-8300	6000 S. Staples St., Ste 402		10yrs and up	
South TX Children's Home	361-991-8680	4438 S. Staples	donations	3yrs and up	
Emily Taylor, M.A., LPC-AT; Shine Counseling & Consulting	361-271-3130	5151 Flynn Parkway #506		Counseling for children, adolescents and adults	
Ann Marie Godines, LPC NCC; Because the Family Matters Counseling	361-442-2211	7101 Sun Valley Dr., CC, TX 78413; btfmcounseling.com	\$75	Christian, Individual, Couples, Pre-Marital, Marriage and Family Therapy/bilingual in Spanish	yes
Laurie Hoffman, LPC, LCDC	361-240-8383	4818 Everhart Rd., CC, TX 78411	\$90-140/session	Specializing in addictions, depression, anxiety and eating disorders	yes
Fred Capps, PhD, LPC-S	361-857-6653	5866 S. Staples, S204	does not accept insurance	addiction	yes

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Lupe Garcia, LPC	ggarcialpc@gmail.com	4639 Corona Dr. #34, CC, TX 78411		Adolescents and Adults with Depression and Anxiety, TFCBT, Family Systems, CBT	
Yvette Martinez, LPC	361-528-6246	3833 S. Staples, CC, TX 78411		Children, Adolescents, and Adults, utilizing CBT, Play Therapy, and working with Parents	
Esther Gonzalez-Powel	361-201-1764	Five Oaks Plaza, 5934 S. Staples, Ste 206		Couples, DBT, Spanish Speaking esthercounseling2@gmail.com	
Lilo Burda, PhD	URHealingPath@gmail.com			LGBTQA+, Eating Disorders, Holistic, Counseling, Hypnotherapy, Nutritional Aspects of Mental health, Life Coaching Staff	
Sylvia Martinez, MA	361-396-0499	613 Lucerto St., Alice, TX		Specializes in adolescent counseling	
Jaime Tuggle, LPC	361-654-0204	321 Texan Trail, Ste 210	\$120/ no insurance		
Linda Shake, LMFT	361-985-1541	5934 S. Staples	\$200 individual		yes
Larken Sutherland, LPC	361-850-8900	3833 S. Staples Ste 202		Divorce issues, parent facilitation	
Tim Tate, LPC	361-876-0019	321 Texan Trail, Ste 210		Life Improvemnet Focused Therapy	yes
Rebecca Campbell, LMFT	361-851-1947	3833 S. Staples Ste S202	Fee paying	Divorce issues, parent facilitation, families, couples	
Presbyteraian Childerns Home	800-888-1904/ (361) 548- 6470	3707 Santa Fe Street	insurance and fee	children, individuals, families	
Methodist Healthcare Ministries	361-652-3573		sliding scale	all ages	

Youvolve Healing Center	361-585-4664	433 S. Tanchua St., CC, TX 78401		Individual, couples/marital/pre-marital, play, adolescent & teen, forensic counseling; hello@youvolvehealingcenter.com; www.youvolvehealingcenter.com; availability weekly	yes
Jose Palacios at BeneVie Consulting	361-229-7218	Corpus Christi & Kingsville; jpalacios@beneviecons		www.benevieconsulting.com	yes
Macey Kinzel, PhD	(361) 433-0530	3434 S Alameda St	insurance and fee	counseling, psychological evaluations	

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TAMUCC Training Clinic	361-825-3988	TAMUCC Natural Resources Center Suite 2700 6300 Ocean Drive	\$5-\$20	children, individuals, couples, families, skills groups	yes
Monica Jimenz, LPC	361-442-4024	4639 Corona Dr, Ste 34 or S	insurance/Medicaid	3-18yrs, special needs	
Kimberly Benedict, LPC	361-442-4024	4639 Corona Dr.Ste.37	insurance/Medicaid	telehealth only	yes
Amanda Brown, LPC	361-263-3027	albcounselingservices@gmail.com 5866 S. Staples St. Ste 404	insurance/Medicaid		
Coastal Bend Psychological Associates	361-442-4024	4639 Corona Dr, Ste 37 (also has an office in Kingsville)	insurance/Medicaid	Psychological evaluations and counseling 3yrs and up	

Coastal Synergy Associates (multiple providers)	852-0988	14646 Compass St., Ste 10	Insurance, Medicaid, Medicare, fee paying	Play Therapy, Sensory Training, Expressive Arts, Couples Counseling using Prepare Enrich and Gottman, Parent Training with Love and Logic, Neurofeedback program for ADHD, Autism, Memory issues (kids& adults), Trauma, Depression, Anxiety, LPC Supervision, DBT, Tapping/EFT, Life Coaching, Psychological Assessment.	
Jodi M. Ochoa, LPC, CART, EMDR trained	361-563-4111 (call or text) Ochoa.jodi@gmail.com		BCBS, CIGNA, AETNA, MEDICAID, PRIVATE PAY	Anger Management (group and individual counseling), Parenting (group), EMDR, Caregivers of the elderly or disabled, Individuals 18 and up, Couples	
Kandice Fricke, PhD, LPC-S	361-844-8080	3833 S. Staples St. Ste N202	some insurance and private pay	Individual and couples	
Methodist Health Ministries	361-548-3801	multiple locations throughout the Coastal Bend https://www.mhm.org/services/community-counseling/	sliding scale, up to \$15 (income restrictions apply)	Does not provide services for substance abuse, court mandates, pending court cases, or active CPS/APS cases.	Yes
Dr. Sam Faulkner, LCSW	(361) 222-6226	5866 S. Staples Ste 102 Corpus Christi, TX 78413	some insurance/Medicare	addition, sex addition, dual diagnosis	

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Dr. Cynthia Faulkner, LCSW	(361) 222-6226	5866 S. Staples Ste 102 Corpus Christi, TX 78413	some insurance/Medicare	Trauma, children, couples, families	

Coastal Bend Wellness Foundation Behavioral Health Program	(361) 814-2001		insurance, Medicaid, Medicare, sliding scale		
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Substance Abuse	Phone #	Address	Fees/insurance	Relevant Information	Telehealth
Council on Alcohol and Drug Abuse: Adult & Youth Treatment	854-9199	1801 S. Alameda, Ste. 150	Some insurances; \$175/assessment; \$45/individual session; \$40/group session	Provide outpatient services for individuals with an addiction and their families; parenting classes & anger management classes	
	887-7070	1801 S. Alameda, Ste. 150		Provide intensive outpatient treatment for teens ages 13-17 who are using substances; includes family and individual counseling & aftercare services	yes
Care Medical-Detoxification Services	758-8585 ext. 529	1711 W. Wheeler Ave. Aransas Pass, TX	Medicaid, Medicare, Insurance, & Self Pay	Inpatient service that provides care for treating the withdrawals from alcohol and other drugs	
Cenikor	826-5350 877-267-8110	5501 IH 37 @ McBride Ln.	Self-pay; See website for program costs	Detox & treatment facility; half-way house	
South Texas Substance Abuse Recovery Service, Inc.	882-9979 1-888-882-9979 Robstown: 387-0835	907 Antelope Robstown: 101 N. Sixth St	Sliding scale and income-based	Outpatient services; methadone program; free counseling	
Palmer Drug Abuse Program	887-8900	3104 S. Alameda	Free	Program to aid in drug/alcohol abuse problems	