

Agency	Agency Contact/Website	Phone #	Address	Hours	Fees	Services Provided
ADULTS						
Anger & Insight Resolution	angerinsightresolution@yahoo.com	P: (361)242-212 F: 334-2755	901 Leopard St. Central Jury Room, 1st Floor	Women: T 6:00-7:00 Men: T 7:30-8:30	\$10.00 per group/peer week	Group Counseling; anger management, family violence issues
ADAPT Offender Education	http://adaptabc.com/	(361)985-8598	5110 Wilkinson Dr., #108	M-F: 9:00-9:00 Sat.: 9:00-3:00	\$100	Drug offender education program, DWI education program, Victim Impact Panel, DWI repeat offender intervention, Alcohol Education for Minors, Anger Management Program, Defensive Driving/Ticket Dismissal
Bayview Behavioral Hospital	www.bayviewbehavioralhospital.com	(361)986-8200	6629 Wooldridge Rd.	Hospital 24 hrs Office M-F: 8-5	Most insurance	Mental health hospital providing both inpatient and outpatient care

C2 Counseling	www.yvonnecastillophd.com	(361)334-1437	4818 Everhart Rd.	M-Th. 9am-6:30 pm F: 9am-4:30 pm (By appointment)	Most insurance, Humana, Tricare, Medicaid ; Private pay	Provide individual, couples, children (age 8+) and family counseling; Services include anger management, grief counseling, depression, behavioral issues, sexual abuse, divorce, positive parenting, relationships, and trauma/PTSD; Spanish speaking
Catholic Charities	www.catholiccharities-cc.org	884-0651	615 Oliver Ct	M.-Th.: 7:30pm -5pm	Vary according to service, see website	Emergency Aid; Rural Outreach; Representative Payee Program; Ministry and Life Enrichment for the Disabled ; Immigration and Refugee Services; Counseling; Housing Counseling Department; First Call- Connecting People and Resources, Community Wellness and Education Outreach

Coastal Bend Wellness Foundaion, Trans Alliance	www.cbwellness.org	361-814-2001	2882 Holly Rd.	6:00 pm every Tuesday	Free	Coastal Bend Trans Alliance is a group that focuses on peer support for transgender youth/adults, peers, and allies. Anyone is welcome, including trans and non-trans attendees.
Coastal Bend Wellness Foundati on, Behavioria l Health	www.cbwellness.org	361-814-2001	2882 Holly Rd.	M-F: 8:00-5:00 pm counseling/psyc hiatry sessions by appt.	Most insuranc e, Medicaid , Medicare , sliding fee-scale	Substance Abuse Outpatient Treatment and General Counseling

<p>Coastal Bend Wellness Foundation, Behavioral Health Services</p>	<p>www.cbwellness.org</p>	<p>361-814-2001</p>	<p>2882 Holly Rd.</p>	<p>M-F 8:00-5:00 pm; counseling/psychiatry sessions by appt.</p>	<p>Most insurance, Medicaid, Medicare, sliding fee-scale</p>	<p>General counseling, divorce, LQBT, blended families, self-esteem, anxiety, PTSD, grief, bullying, depression, postpartum distress; EDIT (Eating Disorder Intuitive Therapy) programs provides counseling for individuals with eating disorders; Project PRIDE offers counseling and case management to individuals who identify as MSM (Men who have sex with other men); parenting programs; substance abuse outpatient treatment; psychiatry</p>
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Del Mar College Counseling Center	https://www.delmar.edu/offices/counseling/index.html	361.698.1586	Counseling Center 101 Baldwin Blvd.	Call to schedule an appointment	Free	Helps students develop more personal awareness and the skills needed to overcome barriers to success. We also help students grow and develop in ways that allow them to take advantage of the educational opportunities at the college. We are also available to provide consultation to faculty and staff who are concerned about the well-being and academic success of Del Mar College students. .
Dubois, Keith Eric, PhD	www.duboispc.com	Corpus Christi Office: (361) 225-3944 Beeville Office: (361) 362-0462	Corpus Christi Office: 6000 S. Staple Beeville Office: 201 W. Cleveland St., Suite C	M-F: 8am - 5:30pm Sat.: 8am - 12pm	Most insurances including Medicaid	Offers counseling for all ages

<p>Endeavors Smart Social Service (Veteran Supportive Services)</p>	<p>www.endeavors.org</p>	<p>(361)356-3649</p>	<p>602 N Staples St., Suite 190</p>	<p>Call/go online to set up appointment</p>	<p>Call for more information</p>	<p>the Veteran Supportive Services program offers homelessness prevention & stabilization services to veterans and their families. Including housing search/placement, rental assistance, temporary financial assistance, connection to VA benefits and services, and face-to-face counseling services</p>
<p>Mindpath Health</p>	<p>https://www.mindpath.com/</p>	<p>Broadway location: 210.441.7138 Hardy location: 210.503.1729</p>	<p>4040 Broadway Suite 200, San Antonio, TX 78209 or 18707 Hardy Oak Blvd Suite 410, San Antonio, TX 78258</p>	<p>Mon-Fri: 8AM-5PM</p>	<p>Call for more information</p>	<p>Provides psychiatry and therapy services to children, adolescents, and adults.</p>

Youvolve Healing Center	https://www.youolvehealingcenter.com/	361.585.4664	433 S Tanchua St.	Mon-Thur: 9AM-5:30PM	Free 15 min phone consultation, \$80-\$220 per session rate. Does not take insurance.	Provides individual, couples, marriage, family, and pre-marital services. Additionally, they provide speaking engagements, courses & workshops
Gulf Coast Rehabilitative Services, Inc.	https://www.gcrs-tx.net/	361.882.1413	4639 Corona Dr, Suite A-15	Mon, Wed, Fri: 8AM-5PM Tues, Thur: 8AM-8PM	Most Insurances	"The mission of GCRS, Inc. is to take action to achieve stability and retention in broken families caused by substance abuse and mental health related issue that affect the family system. GCRS, Inc. uses a holistic treatment alternative approach to rehabilitate, heal, empower and assist individuals and our families in becoming confident, competent and caring individuals within our communities and family units."

Innova Recovery Center	https://www.innovarecoverycenter.com/	210.254.3618	1842 Lockhill Selma Rd #102, San Antonio, TX 78213	Mon-Fri: 8AM-5PM	Call for more information	Innova Recovery offers a team of therapists, each specially trained in the area of trauma treatment.
Family Counseling Service	www.fcscb.org	852-9665	3833 S. Staples, Ste. S203 Corpus Christi, Tx 78411	M-Th. 8:30-8:00, F 8:30-5:00	Sliding scale; insurance, Medicaid, CHIP	Individual therapy, marriage therapy, family therapy, play therapy, Employee Assistance Program (EAP)
Family Counseling Service, Kingsville Office	www.fcscb.org	361-334-1139	603 E Kleberg Kingsville, Tx 78363	M-Th. 8:30-8:00, F 8:30-5:00	Sliding scale; insurance, Medicaid, CHIP	Individual therapy, marriage therapy, family therapy, play therapy, Employee Assistance Program (EAP)
Mental Health First Aid	https://www.mentalhealthfirstaid.org/	361-698-1586	Del Mar College - East Campus Harvin Center, Retama Room	May 29-30 8 am-12 pm June 11 8 am-5 pm	Free	8-hour course training that teaches how to identify, understand, and respond to signs of mental illness and substance use disorders

National Alliance on Mental Illness (NAMI)	www.namigcc.org	(361) 510 – 6939	Nami greater corpus christi 6537 S. Staples st. suite 125 cc, tx 78413	Support group- 2nd/4th wed. of every month, 6:30-8:00pm. Connection Recovery Support Group 2nd/4th thurs. of every month, 6:30-8:00pm	Free	A support group for individuals working on recovery with mental illness. Provide education, advocacy & support. Only virtual programs being offered at this time.
Nueces Center for Mental Health & Intellectual Disabilities	www.ncmhid.org	361-884-9854	212 S Staples St	M-F 8:00-5:00 pm	Most insurance, sliding-scale	Help individuals with intellectual disabilities achieve their highest level of independence and functioning. Once determined eligible, our team of staff work with individuals and their families to identify the areas of a person's life where they want to improve their skill set and abilities; service coordination; crisis intervention

Nueces Center for Mental Health & Intellectual Disabilities, Adult Mental Health Services	www.ncmhid.org	361-886-6970	1546 S. Brownlee Blvd	M-F 8:00-5:00 pm	Most insurance, sliding-scale	Eligible for individuals 18+, Assertive Community Treatment (ACT), Assertive Rehabilitation Treatment (ART), Cognitive Behavioral Therapy, medication management, Mobile Crisis Outreach Team, Veteran services, housing assistance for the homeless, case management, employment assistance
Over Eaters Anonymous	https://oa.org/find-a-meeting/	774-4478	St John's United Methodist Church 5300 S Alameda	Sunday's 4:30 pm	Free	Support groups for individuals recovering from over-eating. Face to face
Over Eaters Anonymous	https://oa.org/find-a-meeting/	445-5692	Grace Presbyterian Church 6301 Yorktown Blvd	Saturday's 10:00 am	Free	Support groups for individuals recovering from over-eating. Face to face
Over Eaters Anonymous	https://oa.org/find-a-meeting/	884-7934	Gold-Colored House 1725 Frio St	Friday's 10:30 am	Free	Support groups for individuals recovering from over-eating. Face to face

Over Eaters Anonymous	https://oa.org/find-a-meeting/	2309684	St Stephens Lutheran Church 619 Lang Rd Portland, TX 78374	Monday's 7:30 pm	Free	Support groups for individuals recovering from over-eating. Currently only held virtual.
Palms Behavioral Health	https://palmsbh.com/	(956) 365-2600	613 Victoria Lane, Harlingen, TX 78550	Open 24 hours	Most insurance, Medicare, Medicaid (call to inquire more info)	Adult Inpatient Program; ages 18+; Provide services for adults experiencing acute psychiatric illness related to mood, anxiety, psychotic disorders, or substance abuse; Psychiatric assessment, medication evaluation, group therapy, family therapy, recreational therapy
STCH Ministries	www.stchm.org	(361) 991-8680	4438 S Staples St	Call/go online to set up appointment	Donation based	Christian counseling, provide individual, couples, children, and family counseling; play therapy
Survivors After Suicide			3945 Ayers st CC, Tx	1 st Monday of the month, 6:30-7:30	Free	Support for family members who have lost a loved one to suicide
		361-947-0037				

The Purple Door	www.purpledoortx.org	361-881-8888 1-800-580-HURT (4878)	813 Buford St.	Open 24 hours 24-hr. hotline	Free	Help victims of domestic violence and sexual assault, safe shelter/transportation, crisis intervention, employment assistance, individual/group counseling services for children, women, & men, case management, and legal advocacy services
Vet Center	https://www.va.gov/	854-9961	4646 Corona Dr.	M 8-6:30 T 8 -4:30 W 8-4:30 R 8-4:30 F 8-4:30	Free to veterans	Counseling for veterans and their families