

Agency	Agency Contact/Website	Phone #	Address	Hours	Fees	Services Provided
<b>FAMILIES &amp; PARENTS</b>						
Spectrum Counseling		851-5111	3440 S Alameda	8-6 M-F	Accepts most insurances, Medicaid/Medicare	Provides services to individuals with and the families of those with Autism Spectrum Disorder; individual & and group counseling.
Arms Wide Adoption Services	<a href="http://www.armswideadoption.org">www.armswideadoption.org</a>	850-8200	500 N. Water St. Suite 604	M-F 8:00-5:00	Call to inquire more info	Post adoption and post permanency services for families; Therapy is offered to assist with adoption issues that are present as a result of the adopted child's history of abuse, neglect, and/or abandonment and their moves in foster care; Individual, family, group, and couples counseling
Innova Recovery Center	<a href="https://www.innovarecoverycenter.com/">https://www.innovarecoverycenter.com/</a>	210.254.3618	1842 Lockhill Selma Rd #102, San Antonio, TX 78213	Mon-Fri: 8AM-5PM	Call for more information	Innova Recovery offers a team of therapists, each specially trained in the area of trauma treatment.
Mindpath Health	<a href="https://www.mindpath.com/">https://www.mindpath.com/</a>	Broadway location: 210.441.7138 Hardy location: 210.503.1729	4040 Broadway Suite 200, San Antonio, TX 78209 or 18707 Hardy Oak Blvd Suite 410, San Antonio, TX 78258	Mon-Fri: 8AM-5PM	Call for more information	Provides psychiatry and therapy services to children, adolescents, and adults.
Youvolve Healing Center	<a href="https://www.youolvehealingcenter.com/">https://www.youolvehealingcenter.com/</a>	361.585.4664	433 S Tanchua St.	Mon-Thur: 9AM-5:30PM	Free 15 min phone consultation, \$80-\$220 per session rate. Does not take insurance.	Provides individual, couples, marriage, family, and pre-marital services. Additionally, they provide speaking engagements, courses & workshops

Gulf Coast Rehabilitative Services, Inc.	<a href="https://www.gcrs-tx.net/">https://www.gcrs-tx.net/</a>	361.882.1413	4639 Corona Dr, Suite A-15	Mon, Wed, Fri: 8AM-5PM Tues, Thur: 8AM-8PM	Most Insurances	"The mission of GCRS, Inc. is to take action to achieve stability and retention in broken families caused by substance abuse and mental health related issue that affect the family system. GCRS, Inc. uses a holistic treatment alternative approach to rehabilitate, heal, empower and assist individuals and our families in becoming confident, competent and caring individuals within our communities and family units."
Oceans Behavioral Hospital Corpus Christi	<a href="https://oceanshealthcare.com/ohc-location/corpus-christi/">https://oceanshealthcare.com/ohc-location/corpus-christi/</a>	361.371.8933	600 Elizabeth St, Building B, 4th floor		Most insurance, Medicare, Medicaid (call to inquire more info)	Provides services to help individuals experiencing depression; anxiety; schizophrenia; behavioral changes related to Alzheimer's disease or other dementias, medication management or substance abuse; and other mental health issues.
Connections Wellness Group	<a href="https://connections-wellnessgroup.com/cwgk12/">https://connections-wellnessgroup.com/cwgk12/</a>	469.617.6166	Virtual	Mon., Wed., Thur.: 5pm-8pm	Call for more information	Virtual IOP for Adolescents. Ages: 13-18. For teens struggling with decreased motivation, changes in mood, anxiety, and depression. Must call to schedule an appointment.
C2 Counseling	<a href="http://www.yvonnecastillophd.com">www.yvonnecastillophd.com</a>	361-334-1437	4818 Everhart Rd.	M-Th. 8:00-6:30 pm F 8:00-12:00 pm (By appointment)	Most insurance, Humana, Tricare, Medicaid; Private pay	Provide individual, couples, children (age 8+) and family counseling; Services include anger management, grief counseling, depression, behavioral issues, sexual abuse, divorce, positive parenting, relationships, and trauma/PTSD; Spanish speaking
CASA of the Coastal Bend	<a href="http://www.coastalbendcasa.org">www.coastalbendcasa.org</a>	884-2272	2602 Prescott	M-R 9:00-4:00 F	Free	Court-appointed special advocates for CPS children only; appointed by judges

				9:00-3:00		
Catholic Charities	<a href="http://www.catholiccharities-cc.org">www.catholiccharities-cc.org</a>	884-0651	615 Oliver Ct	M-R 7:30-5:00 pm	Vary according to service, see website	Emergency Aid; Rural Outreach; Representative Payee Program; Ministry and Life Enrichment for the Disabled ; Immigration and Refugee Services; Counseling; Housing Counseling Department; First Call- Connecting People and Resources, Community Wellness and Education Outreach
Children's Connections, Inc.	<a href="https://childrensconnections.org/">https://childrensconnections.org/</a>	944-0071	Call for assistance, in home services	M-F 9:00-5:00	Medicaid, Free for some	Provides adoption, parenting, nutrition, childcare, pregnancy, and professional development services for pregnant women and prospective adoptive families
Coastal Bend Wellness Foundation	<a href="https://www.cbwellness.org/index.html">https://www.cbwellness.org/index.html</a>	814-2001	2882 Holly Rd	M-F 9:00-5:30	Free	Case management for chemical dependency treatment, parent education for fathers & pregnant teens, and counseling/case management services for MSM's (men who have sex with men)
Coastal Bend Wellness Foundation , Parenting Awareness & Drug Risk Education (P.A.D.R.E)	<a href="https://www.cbwellness.org/index.html">https://www.cbwellness.org/index.html</a>	361-814-2001	2882 Holly Rd	M-F 8:00-5:30	Most insurance, Medicaid, Medicare, sliding fee-scale	PADRE provides intervention services for males and expecting fathers who are currently involved with DFPS. Services are also provided to clients with substance use disorders or those who are at risk
Family Counseling Service	<a href="http://www.fcscb.org">www.fcscb.org</a>	852-9665	3833 S. Staples, Ste. S203 Corpus Christi, Tx 78411	M-Th. 8:30-8:00 F 8:30-5:00	Sliding Scale; Insurance, Medicaid, Medicare, CHIP	Play Therapy, Couples Counseling, Family Counseling, Employee Assistance Program (EAP)

Family Counseling Service, Kingsville Office	<a href="http://www.fscsb.org">www.fscsb.org</a>	361-334-1139	603 E Kleberg Kingsville, Tx 78363	M-Th. 8:30-8:00, F 8:30-5:00	Sliding scale; insurance, Medicaid, CHIP	Individual therapy, marriage therapy, family therapy, play therapy, Employee Assistance Program (EAP)
Garcia Arts & Education Center	<a href="https://www.tamucc.edu/education/departments/garcia-center/">https://www.tamucc.edu/education/departments/garcia-center/</a>	825-3600	2021 Agnes Street	Call for schedule	Free	Provides child, family, and group counseling; family support programs (i.e. Family Night Out, After School Program, and Parent & Children Time (PACT))
Independent Educational Consultants Association / Campus Selection	<a href="http://www.CampusSelection.com">www.CampusSelection.com</a>	361-557-0064				Help advise families with at-risk teens to help meet individual needs and concerns; crisis intervention, oppositional behaviors, emotional/behavioral difficulties
National Alliance on Mental Illness, Family Support Group	<a href="http://www.namitexas.org/ngcc">www.namitexas.org/ngcc</a>	361-510-6939	3833 S. Staples, Ste. N209	2nd and 4th Wednesdays, 6:30-8:00 pm	Free	Family Support Group. A peer-led support group for adult family members and significant others of someone living with a mental health condition or experiencing symptoms. Gain insight from the challenges and successes of others facing similar experiences.
National Alliance on Mental Illness, Family Class	<a href="http://www.namitexas.org/ngcc">www.namitexas.org/ngcc</a>	Contact: namigreatercorpuschristi@gmail.com	3833 S. Staples, Ste. N209	8 week 2 1/2 hour education class	Registration required, free	A free, 8-session educational program for family, significant others and friends of people with mental health conditions. The class not only provides information and strategies for taking care of the person you love, but you'll also find out that you're not alone. Recovery is a journey, and there is hope.

National Alliance on Mental Illness, Basics	<a href="http://www.namitexas.org/ngcc">www.namitexas.org/ngcc</a>	Contact: namigreater corpuschristi@gmail.com	3833 S. Staples, Ste. N209	6 week 2 1/2 hour education class	Registration required, free	A free, 6-session education program for parents and other family caregivers of youth (age 22 & younger) who have been diagnosed with a mental health condition, or who are experiencing mental health symptoms. the person you love, but you'll also find out that you're not alone. Recovery is a journey, and there is hope.
Nueces Center for Mental Health & Intellectual Disabilities, Youth Services	<a href="http://www.ncmhid.org">www.ncmhid.org</a>	361-851-6726	3733 S. Port Ave	M-F 8:00-5:00 pm	Most insurance, Medicaid, sliding-fee scale	Eligible for children ages 3-17, inpatient and outpatient services, assessment services, psychiatric evaluations, medication training and support, pharmacological management, Parent Support Groups, counseling, skills training, case management, and crisis intervention
Nurse-Family Partnership	<a href="http://www.uwcb.org/nurse-family-partnership">http://www.uwcb.org/nurse-family-partnership</a>	(361) 882-2529	4659 Everhart Rd	M-F 8:00-5:00 pm	Free	For first-time moms that provides a nurse until your baby is 2 years old.
Parents, Families, and Friends of Lesbians and Gays (PFLAG)	<a href="https://www.cbwellness.org/index.html">https://www.cbwellness.org/index.html</a>	361-814-2001	5633 S. Staples	7-8 pm second Tuesday of each month, M-F 8am-5pm	Free	PFLAG, Parents and Friends of Lesbians and Gays, is the extended family of the LGBTQ community. Support group made up of LGBTQ individuals, family members and allies.
Parents/Grandparents Who've Lost a Child		(361) 442-7550 or (361) 207-6510	Hilltop Community Center 11452 Leopard St #SW2, Corpus Christi, TX 78410	Every other Monday 7:00 PM - 8:15 PM	Free	Peer to peer support group for parents and grandparents who have lost a child

Presbyterian Children's Homes & Services	<a href="http://www.pchas.org">www.pchas.org</a>	361-548-6470 / (36)852-6326 / 800-888-1904	3707 Santa Fe St.			Child and Family Program (age 3+); serve children and families dealing with death, divorce, illness, violence, homelessness, alcohol/drug abuse, and other situations of family stress;
Project Link	<a href="http://www.coada-cb.org/project-link.html">http://www.coada-cb.org/project-link.html</a>	361-854-9199 (ask for PPI)	1801 S Alameda St S150, Corpus Christi, TX 78404	Call for schedule	Free	Prenatal Health classes, Infant parenting classes, Postpartum support, Case management services, Toddler/Preschool parenting, Anger Management Classes
STCH Ministries Family Counseling Corpus Christi	<a href="http://www.stchm.org">www.stchm.org</a>	361-375-2417	4438 S Staples St	Call/g o online to set up appointment	Donation based	Christian counseling, provide individual, couples, children, and family counseling; play therapy
The Purple Door	<a href="http://www.purpledoortx.org">www.purpledoortx.org</a>	361-881-8888 1-800-580-HURT (4878)	813 Buford St.	Open 24 hours 24-hr. hotline	Free	Help victims of domestic violence and sexual assault, safe shelter/transportation, crisis intervention, employment assistance, individual/group counseling services for children, women, & men, case management, and legal advocacy services
Cedar Crest: A Behavioral Healthcare System	<a href="https://www.cedarcresthospital.com/?utm_source=GMB&amp;utm_medium=organic&amp;utm_campaign=listing&amp;utm_term=brand&amp;y_source=1_NDExODM3OS03MTUt bG9jYXRpb24ud2Vic2l0ZQ%3D%3D">https://www.cedarcresthospital.com/?utm_source=GMB&amp;utm_medium=organic&amp;utm_campaign=listing&amp;utm_term=brand&amp;y_source=1_NDExODM3OS03MTUt bG9jYXRpb24ud2Vic2l0ZQ%3D%3D</a>	254.939.4021	3500 I-35, Belton, TX 76513	Open 24/7, Call to schedule an appointment	Free assessment, insurance	Serve children, adolescents, and adults of all genders who are struggling with various mental health and co-occurring addiction concerns.

MCH Family Outreach	<a href="https://www.mch.org/locations/corpus-christi/">https://www.mch.org/locations/corpus-christi/</a>	361.334.2255	4102 Baldwin Blvd.	Mon.- Fri.: 8am-5pm		Offers family preservation services through its community services program. Services are designed to help meet the needs of families with one or more children between the ages of 0 to 17. Whether it is illness, conflict, school difficulties, or parenting challenges, families facing these situations can turn to the professional caring staff at MCH Family Outreach in Corpus Christi.
Vet Center	<a href="https://www.va.gov/corpus-christi-vet-center/">https://www.va.gov/corpus-christi-vet-center/</a>	854-9961	4646 Corona Dr. Suite 250	M 8 - 6:30 T 8 - 4:30 W 8 - 4:30 R 8 - 4:30 F 8 - 4:30	Free to veterans	Counseling for veterans and their families